# Mountain Weather Forecast

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Saturday 09 Jul 2022 until 23:59 on Sunday 10 Jul 2022

Forecast Issued on Friday 08 Jul 2022 at 14:06 by Met Office Aberdeen

**Confidence:** Generally high for the weekend and Monday, but moderate for extent of drier period on Saturday. Lower for details early next week, especially wind speeds, and timing of rain on Tuesday.

**Headline for Saturday 09 Jul 2022:** Low cloud early and late. Dry and brighter early afternoon. Breezy on the tops.

**Mountain weather hazards on Saturday 09 Jul 2022**

**Blizzards**
No Likelihood

**Heavy persistent snow**
No Likelihood

**Storm force winds**
No Likelihood

**Gales**
No Likelihood

**Severe chill effect**
No Likelihood

**Poor visibility**
Medium Likelihood

**Thunderstorms**
No Likelihood

**Heavy persistent rain**
No Likelihood

**Strong sunlight**
No Likelihood

| Weather and chance of precipitation at 800m | | | | | | | |
|---|---|---|---|---|---|---|---|
| Time | | | | | | | |
| 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| Drizzle | Drizzle | Drizzle | Dull | Cloudy | Light rain | Light rain | Light rain |
| Precipitation probability | | | | | | | |
| 60% | 60% | 50% | 30% | 10% | 30% | 40% | 70% |

**Forecast for Saturday 09 Jul 2022**

**Weather:** A dull day for most of the Northwest Highlands with drizzle across western hills, but turning dry for a few hours around midday. Best of any limited brightness in the south of the area. Breezy across the tops.

**Chance of cloud-free hill tops above 800m:** 30% rising to 60% by lunchtime falling to 10% or less by late afternoon.

**Low cloud and visibility:** Often poor visibility in the morning in low cloud and drizzle, becoming good by early afternoon. Very poor again late afternoon. Frequent cloud down to 500m in the west, 700m in the east, at first. Cloud bases lifting mostly above the summits by lunchtime. Persistent cloud then down to 200-300m in the west, 500m in the east, late afternoon.

Check our weather forecast every day to get the most accurate and up to date information
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# Mountain Weather Forecast

**Forecast for Saturday 09 Jul 2022**

| Height (m) | Wind Speed mean/gusts (mph) | | | | | Wind Direction (blowing from) | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 18/24 W | 19/26 W | 17/24 W | 16/23 W | 18/26 W | 24/33 SW | 22/31 SW | 20/27 SW | 17/25 SW |
| **900** | 17/24 W | 18/25 W | 17/24 W | 15/22 W | 17/25 W | 22/31 SW | 20/29 SW | 18/26 SW | 17/24 SW |
| **600** | 13/19 W | 13/20 W | 13/20 W | 12/19 W | 14/21 W | 16/25 SW | 16/24 SW | 13/21 SW | 12/20 SW |
| **300** | 6/19 W | 6/20 W | 5/18 W | 5/17 W | 6/20 W | 5/21 SW | 6/22 SW | 5/19 SW | 6/18 SW |
| **Glen** | 7/15 W | 8/16 W | 7/14 W | 7/13 W | 8/15 W | 7/16 SW | 9/18 SW | 7/15 SW | 7/14 SW |

| Height (m) | Temperature / Feels Like (°C) | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 5/-0 | 4/-1 | 5/-0 | 6/1 | 7/3 | 8/3 | 8/4 | 8/4 | 7/3 |
| **900** | 5/1 | 5/0 | 5/1 | 6/2 | 8/4 | 9/5 | 9/6 | 8/5 | 8/4 |
| **600** | 8/4 | 7/4 | 8/4 | 9/6 | 10/7 | 11/8 | 11/8 | 10/8 | 10/7 |
| **300** | 10/8 | 10/8 | 10/9 | 11/10 | 13/12 | 13/12 | 13/12 | 12/11 | 11/10 |
| **Glen** | 12/11 | 12/10 | 12/11 | 14/12 | 15/14 | 15/14 | 15/14 | 14/13 | 13/12 |
| **Freezing Level*** | 2100m | 2100m | 2400m | 3100m | 3300m | 3300m | 3300m | 3300m | 3100m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**
Challenging navigation conditions, persisting longest across Assynt and the far northwest. Best conditions will be found towards the Great Glen.

**Forecast for Sunday 10 Jul 2022**
**Weather:** Rather cloudy for much of the day in western glens, but munro tops likely to be above the cloud. Any low cloud across eastern hills soon dispersing to give a sunny warm day here. Dry and mostly clear overnight.

**Maximum wind:** West 15-20 mph, gusting 30-35 mph across western munros in the morning.

**Chance of cloud-free hill tops above 800m:** 60% in the west, 80% in the east

**Low cloud and visibility:** Very good visibility outside of low cloud. Cloud in the glens for much of the day in the west, but tops above around 800-900m above the cloud. Low cloud dispersing in the morning across eastern hills.

**Temperature:** **Glens:** Plus 12 Celsius for much of the day in the west, rising to 19 Celsius in the east.
**At 800m:** Plus 9 Celsius rising to 15 Celsius
**Freezing level:** Above the summits.

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